附件1

凌云县消防救援大队政府专职消防员招聘报名表

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 基本信息 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 姓名 |  | | | | | | 性别 | | |  | | | | | 出生日期 | | | | | |  | | | | | | | | | | 年龄 | |  | | | （照片：请粘贴1寸免冠电子照片） | |
| 民族 |  | | | | | | 籍贯 | | |  | | | | | 政治面貌 | | | | | |  | | | | | | | | | 特长 | | |  | | |
| 婚姻状况 | | | □ 未婚 □已婚 √ | | | | | | | | | | | | | | | | 手机号码 | | | | | |  | | | | | | | | | | |
| 身份证号码 | | | |  | | | |  |  | |  | |  |  | |  | |  | |  | |  | |  | |  | |  |  | | |  |  |  |  |
| 户口所在地地址 | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 现居住地地址 | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | 固定电话 | | |  | |
| 毕业学校 | | |  | | | | | | | | | | | | | | 所学专业 | | | | | |  | | | | | | | | | | 毕业时间 | | |  | |
| 最高学历 | | | □ 学士(大学本科) □ 专科 □ 高中 □ 初中 □ 其他：√ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 应聘岗位 | | | 消防员 | |
| 家庭状况及主要社会关系(包括父母、配偶、子女等) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 姓名 | | 年龄 | | | 与本人关系 | | | | | | | 工作单位 | | | | | | | | | | | | | | | 居住地址 | | | | | | | | | 电话 | |
|  | |  | | |  | | | | | | |  | | | | | | | | | | | | | | |  | | | | | | | | |  | |
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| 学习经历(请从高中开始填写，包括所受过的重要培训) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 学习时间 | | | | | | | | | | | | | | 学校(学院)名称 | | | | | | | | | | | | | | | | | | | 学历 | | | | |
| 起 | | | | | | 止 | | | | | | | |
|  | | | | | |  | | | | | | | |  | | | | | | | | | | | | | | | | | | |  | | | | |
|  | | | | | |  | | | | | | | |  | | | | | | | | | | | | | | | | | | |  | | | | |
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| 工作经历(如工作经历很多，请填写主要的) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 工作时间 | | | | | | | | | | | | | | 单位名称 | | | | | | | | | | | | | | | | | | | 工作岗位 | | | |  |
| 起 | | | | | | 止 | | | | | | | |
|  | | | | | |  | | | | | | | |  | | | | | | | | | | | | | | | | | | |  | | | |  |
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附件2

消防救援人员体能测试项目各项标准男子俯卧撑评分标准（次 /2 分钟）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 入职 | 20-24岁 | 25-27岁 | 28-30岁 | 31-33岁 | 34-36岁 | 37-39岁 | 40-42岁 | 43-45岁 | 46-48岁 | 49-51岁 | 52-54岁 | 55 岁以上 |
| 100 分 | 68 | 70 | 72 | 70 | 68 | 66 | 64 | 62 | 60 | 58 | 56 | 54 | / |
| 95 分 | 62 | 64 | 66 | 64 | 62 | 60 | 58 | 56 | 54 | 52 | 50 | 48 | / |
| 90 分 | 56 | 58 | 60 | 58 | 56 | 54 | 52 | 50 | 48 | 46 | 44 | 42 | / |
| 85 分 | 50 | 52 | 54 | 52 | 50 | 48 | 46 | 44 | 42 | 40 | 38 | 36 | / |
| 80 分 | 46 | 48 | 50 | 48 | 46 | 44 | 42 | 40 | 38 | 36 | 34 | 32 | / |
| 75 分 | 42 | 44 | 46 | 44 | 42 | 40 | 38 | 36 | 34 | 32 | 30 | 28 | / |
| 70 分 | 38 | 40 | 42 | 40 | 38 | 36 | 34 | 32 | 30 | 28 | 26 | 24 | / |
| 65 分 | 36 | 38 | 40 | 38 | 36 | 34 | 32 | 30 | 28 | 26 | 24 | 22 | / |
| 60 分 | 34 | 36 | 38 | 36 | 34 | 32 | 30 | 28 | 26 | 24 | 22 | 20 | 18 |

男子单杠引体向上（40周岁以下）/40公斤坐姿下拉（40周岁以上）评分标准（次/2分钟）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 入职 | 20-24岁 | 25-27岁 | 28-30岁 | 31-33岁 | 34-36岁 | 37-39岁 | 40-42岁 | 43-45岁 | 46-48岁 | 49-51岁 | 52-54岁 | 55 岁以上 |
| 100 分 | 16 | 17 | 18 | 17 | 16 | 15 | 14 | 18 | 17 | 16 | 15 | 14 | / |
| 95 分 | 14 | 15 | 16 | 15 | 14 | 13 | 12 | 16 | 15 | 14 | 13 | 12 | / |
| 90 分 | 12 | 13 | 14 | 13 | 12 | 11 | 10 | 14 | 13 | 12 | 11 | 10 | / |
| 85 分 | 11 | 12 | 13 | 12 | 11 | 10 | 9 | 13 | 12 | 11 | 10 | 9 | / |
| 80 分 | 10 | 11 | 12 | 11 | 10 | 9 | 8 | 12 | 11 | 10 | 9 | 8 | / |
| 75 分 | 9 | 10 | 11 | 10 | 9 | 8 | 7 | 11 | 10 | 9 | 8 | 7 | / |
| 70 分 | 8 | 9 | 10 | 9 | 8 | 7 | 6 | 10 | 9 | 8 | 7 | 6 | / |
| 65 分 | 7 | 8 | 9 | 8 | 7 | 6 | 5 | 9 | 8 | 7 | 6 | 5 | / |
| 60 分 | 6 | 7 | 8 | 7 | 6 | 5 | 4 | 8 | 7 | 6 | 5 | 4 | 3 |

男子双杠臂屈伸评分标准（次 /2 分钟）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 入职 | 20-24岁 | 25-27岁 | 28-30岁 | 31-33岁 | 34-36岁 | 37-39岁 | 40-42岁 | 43-45岁 | 46-48岁 | 49-51岁 | 52-54岁 | 55岁以上 |
| 100 分 | 30 | 32 | 34 | 32 | 30 | 28 | 26 | 24 | 22 | 20 | 18 | 16 | / |
| 95 分 | 28 | 30 | 32 | 30 | 28 | 26 | 24 | 22 | 20 | 18 | 16 | 14 | / |
| 90 分 | 26 | 28 | 30 | 28 | 26 | 24 | 22 | 20 | 18 | 16 | 14 | 12 | / |
| 85 分 | 24 | 26 | 28 | 26 | 24 | 22 | 20 | 18 | 16 | 14 | 12 | 10 | / |
| 80 分 | 22 | 24 | 26 | 24 | 22 | 20 | 18 | 16 | 14 | 12 | 10 | 8 | / |
| 75 分 | 20 | 22 | 24 | 22 | 20 | 18 | 16 | 14 | 12 | 10 | 8 | 7 | / |
| 70 分 | 18 | 20 | 22 | 20 | 18 | 16 | 14 | 12 | 10 | 8 | 7 | 6 | / |
| 65 分 | 16 | 18 | 20 | 18 | 16 | 14 | 12 | 10 | 8 | 7 | 6 | 5 | / |
| 60 分 | 14 | 16 | 18 | 16 | 14 | 12 | 10 | 8 | 7 | 6 | 5 | 4 | 3 |

男子3000m评分标准（分钟）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 入职 | 20-24岁 | 25-27岁 | 28-30岁 | 31-33岁 | 34-36岁 | 37-39岁 | 40-42岁 | 43-45岁 | 46-48岁 | 49-51岁 | 52-54岁 | 55 岁以上 |
| 100 分 | 13′30″ | 11′55″ | 11′20″ | 11′55″ | 12′30″ | 13′15″ | 13′50″ | 14′25″ | 15′00″ | 15′35″ | 16′10″ | 16′45″ | / |
| 95 分 | 13′40″ | 12′05″ | 11′30″ | 12′05″ | 12′40″ | 13′35″ | 14′10″ | 14′45″ | 15′20″ | 15′55″ | 16′30″ | 17′05″ | / |
| 90 分 | 13′50″ | 12′15″ | 11′40″ | 12′15″ | 12′50″ | 13′55″ | 14′30″ | 15′05″ | 15′40″ | 16′15″ | 16′50″ | 17′25″ | / |
| 85 分 | 14′10″ | 12′35″ | 12′00″ | 12′35″ | 13′10″ | 14′15″ | 14′50″ | 15′25″ | 16′00″ | 16′35″ | 17′10″ | 17′45″ | / |
| 80 分 | 14′30″ | 12′55″ | 12′20″ | 12′55″ | 13′30″ | 14′35″ | 15′10″ | 15′45″ | 16′20″ | 16′55″ | 17′30″ | 18′05″ | / |
| 75 分 | 14′50″ | 13′15″ | 12′40″ | 13′15″ | 13′50″ | 14′55″ | 15′30″ | 16′05″ | 16′40″ | 17′15″ | 17′50″ | 18′25″ | / |
| 70 分 | 15′10″ | 13′35″ | 13′00″ | 13′35″ | 14′10″ | 15′15″ | 15′50″ | 16′25″ | 17′00″ | 17′35″ | 18′10″ | 18′45″ | / |
| 65 分 | 15′30″ | 13′55″ | 13′20″ | 13′55″ | 14′30″ | 15′35″ | 16′10″ | 16′45″ | 17′20″ | 17′55″ | 18′30″ | 19′05″ | / |
| 60 分 | 15′50″ | 14′15″ | 13′40″ | 14′15″ | 14′50″ | 15′55″ | 16′30″ | 17′05″ | 17′40″ | 18′15″ | 18′50″ | 19′25″ | 20′00″ |

100 米跑评分标准（秒）

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 入职 | 20-24岁 | 25-27岁 | 28-30岁 | 31-33岁 | 34-36岁 | 37-39岁 | 40-42岁 | 43-45岁 | 46-48岁 | 49-51岁 | 52-55岁 |
| 100 分 | 13″00 | 13″00 | 13″00 | 13″00 | 14″00 | 14″00 | 15″00 | / | / | / | / | / |
| 95 分 | 13″50 | 13″50 | 13″50 | 13″50 | 14″50 | 14″50 | 15″50 | / | / | / | / | / |
| 90 分 | 14″00 | 14″00 | 14″00 | 14″00 | 15″00 | 15″00 | 16″00 | / | / | / | / | / |
| 85 分 | 14″50 | 14″50 | 14″50 | 14″50 | 15″50 | 15″50 | 16″50 | / | / | / | / | / |
| 80 分 | 15″00 | 15″00 | 15″00 | 15″00 | 16″00 | 16″00 | 17″00 | / | / | / | / | / |
| 75 分 | 15″50 | 15″50 | 15″50 | 15″50 | 16″50 | 16″50 | 17″50 | / | / | / | / | / |
| 70 分 | 16″00 | 16″00 | 16″00 | 16″00 | 17″00 | 17″00 | 18″00 | / | / | / | / | / |
| 65 分 | 16″50 | 16″50 | 16″50 | 16″50 | 17″50 | 17″50 | 18″50 | / | / | / | / | / |
| 60 分 | 17″00 | 17″00 | 17″00 | 17″00 | 18″00 | 18″00 | 19″00 | / | / | / | / | / |
| 备注 | 37 岁以上不组织本项目考核，评分标准可作为训练参考标准。 | | | | | | | | | | | |